City of West Haven, CT West Haven Seniors Commission Minutes of the meeting held Tuesday, January 28, 2025

An Organizational meeting of the West Haven Seniors Commission was called to order at 6:00 p.m. by Mayor Dorinda Borer at West Haven City Hall, 355 Main St. All those present, rose and recited the Pledge of Allegiance.

Attendance

Dorinda Borer, Mayor John M. Carrano, Commissioner, Human Resources Alyssa Maddern, Director Senior Services

Teddi McKenna, Commissioner Leonora Rodriguez, Commissioner Dominic Broccoli, Commissioner Debra Johnson, Commissioner

Agenda

No changes to the Agenda were requested.

1. Minutes

This is an organizational meeting so no previous minutes are available

2. Public Input

There was no Public Portion to this meeting as it was Organizational.

3. Communications

None

4. Old Business

There is no Old Business to this meeting as there have been no previous meetings.

5. New Business

5.1 General Objectives and Goals

In a collaborative Manner, the Board developed General Objectives and Goals for the newly formed Board. The general objective of the Board is to "provide input and direction to Human Resources Department, specifically the Elderly Services Division". Below is a summary list of items discussed:

- a. How can we increase membership?
- b. How can we attract younger/active seniors?
- c. Modernization of facilities
- d. What are the Social Services that support older adults?
- e. What is the vision for Molloy School project and how do we prepare for launch?



- f. What resources are available from the Local, State, and Federal Government?
- g. Where, geographically, are the Seniors that are utilizing services and where are the Seniors that have chosen not to participate?
- h. What percentage of Warming Shelter participants are Seniors?
- i. Can we get younger Seniors more involved if we offered more nighttime activities?
- j. Do we have Social Worker involved at Warming Shelter to help provide Seniors with all available services?
- k. Do we need more staff?
- 1. Can we mesh some Parks and Recreation resources into elderly programs as cross-support?
- m. Senior Swim and Senior Aqua Aerobics were popular activities that no longer exist.
- n. Can Adult Education facilitate different activities, specific for the older population?
- o. How do we get to the Veterans and support them with them with their social services i.e. benefits, etc.?
- p. Senior Safety at Housing and Urban Development residential locations is a prominent issue.
- q. Can we develop Surveys to help us continuously improve?

5.2 Organization

- a. Mayor Borer opened the floor for Chairperson nominations
 - i. Commissioner Rodriguez made a Motion to NOMINATE Commissioner Johnson as Chairperson. Motion SECONDED by Commissioner Broccoli. No additional nominations made. Motion carried unanimously.
- b. Mayor Borer opened the floor for Vice-Chairperson nominations
 - i. Commissioner McKenna made a Motion to NOMINATE Commissioner Rodriguez as Vice-Chairperson. Motion SECONDED by Commissioner Broccoli. No additional nominations made. Motion carried unanimously.
- c. Mayor Borer opened the floor for Secretary nominations
 - i. Commissioner Johnson made a Motion to NOMINATE Commissioner Broccoli as Secretary. Motion SECONDED by Commissioner McKenna. No additional nominations made. Motion carried unanimously.

6. Adjournment

At 7:44 p.m., Commissioner Rodriguez MOVED to adjourn; SECONDED by Commissioner Broccoli. Motion carried unanimously.

Respectfully submitted,

John M. Carrano
Commissioner, Human Resources and Acting Recording Clerk