

## Board of Health Meeting

August 19, 2025

6:30pm

A. Call to order by Chairwoman, Dee Gruber at 6:40 PM

B. Pledge of Allegiance

C. Roll Call: Present: Dee Gruber- Chairwoman; Sheila Carmon- Health Director; John Carrano- Commissioner of Human Services; Jonathan Jones- Vice Chairman; Erin Sherman and Celia Pinzi- Board of Health Membership

D. Public Session: none

E. Review of minutes June 17, 2025: Motion to accept Celia Pinzi and seconded by Dee Gruber

F. Commissioner's Report:

- Commissioner Carrano described a domestic violence initiative in which Health Director Carmon will be sending out information to local businesses such as salons advocating the use of privately placed flyers and QR codes for discrete contact with a domestic violence center. [The initiative was reported on by NBC CT.](#) Churches and places of worship will also be offered the materials. Information will be offered in multiple languages.
- October is domestic violence awareness month, and the Health Department will continue highlighting the issue with stylists and other social businesses to discuss important indicators and raise awareness.
- Erin Sherman brought up the issue of sex trafficking and sexual abuse education needs for youth in the community. Health Director Carmon shared that Health Department staff will meet with Department of Education for age-appropriate healthy relationship education resources in the high school and middle school.

G. Health Director's Report:

- Health Director Carmon discussed ongoing health inspections and hoarding investigations occurring in the city.
- There will be a vaccine clinic on September 23
- A cosmetology workshop on September 22.
- Mammogram van will be coming to West Haven on September 29 to kick off breast cancer awareness in October.
- The final wellness walk will occur on August 30.

- Health Department leadership is developing an Annual Report recapping past department events.
- Power in a Shower continues to be offered at WHEAT. Donations have been received by WHEAT from churches for persons using the service. The service will stop in November.
- Health Department nursing continues with blood pressure clinics and providing TB care.
- One case of West Nile Virus has been found in the city. This was reported through CT-DPH. Mosquito spraying continues.
- There was a complaint about Apple Rehab related to an issue with a refrigerator. The Health Department responded, and the business was compliant with procedures and follow-up.
- Jonathan Jones had a question about how hoarding complaints come to the Health Department. Commissioner Carrano explained this is often through EMS and fire department calls to the homes. Director Carmon said the Health Department sometimes receives calls through community members or the Building Department directly.
- Health Department summer interns were successful. One will stay part time.
- Director Carmon is developing a staff retreat for the Health Department employees in October.

H. Old Business: Dee Gruber requested Board of Health members to bring ideas for the vision statement to the next meeting in September.

I. New business: None.

Motion to adjourn by Jonathan Jones at 7:31pm Seconded by Ceilia Pinzi.

Respectfully submitted by Dee Gruber, Chairwoman